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May 31, 2016

TO: Each Supervisor

FROM: Cynthia A. Harding, M.P.H.
Interim Director

SUBJECT: **INFORMATION ON THE SKILLED NURSING FACILITIES LOCATED NEAR KEIRO SENIOR HEALTHCARE FACILITIES SITES**

This is in response to a motion by Supervisors Solis and Ridley-Thomas on April 12, 2016 instructing the Department of Public Health (DPH) to provide information on skilled nursing facilities located within a five-mile radius of Keiro Senior Healthcare facilities, the ability of these facilities to address the multiple language needs of residents, and the current evidence base and best practices related to social and community needs of seniors.

Skilled Nursing Facilities Located Within a Five-Mile Radius and Their Ability to Meet the Multiple Language Needs of Residents

As requested, the Health Facilities Inspection Division (HFID) identified a list of skilled nursing facilities (SNFs) that are within a five-mile radius of Keiro Senior Healthcare Facilities. Each SNF was contacted and asked the following questions regarding their capability to serve Japanese-speaking residents: (a) *Do you have staff who are able to communicate with Japanese-speaking residents?* (b) *If no, can you arrange for a Japanese interpreter?* Responses are summarized in the table below.

Kei-Ai Los Angeles Healthcare Center Formerly Keiro Nursing Home <i>Operated by Aspen Skilled Healthcare, Inc.</i>		2221 Lincoln Park Ave. Los Angeles, CA 90031	
Facility	Address	Availability of Japanese Language Support	Number of Beds
Montecito Heights Healthcare & Wellness Center	4585 North Figueroa Street Los Angeles, CA 90065 (323) 223-3441	None available	90
Highland Park Skilled Nursing & Wellness Centre	5125 Monte Vista Street Los Angeles, CA 90042 (323) 254-6125	Utilizes Google translator to communicate with residents with special language needs	59

Hollenbeck Palms	573 South Boyle Avenue Los Angeles, CA 90033 (323) 263-6195	Japanese speaking staff available; facility reports they have many Japanese residents	106
Infinity Care of East Los Angeles	101 South Fickett Street Los Angeles, CA 90033 (323) 261-8108	None available	99
York Healthcare & Wellness Centre	6071 York Boulevard Los Angeles, CA 90042 (323) 254-3407	Can get an interpreter	107
Kei-Ai South Bay Healthcare Center Formerly South Bay Keiro Nursing Home <i>Operated by Aspen Skilled Healthcare, Inc.</i>		15115 S. Vermont Ave. Gardena, CA 90247	
Facility	Address	Availability of Japanese Language Support	Number of Beds
Greenfield Care Center of Gardena	16530 South Broadway Gardena, CA 90248 (310) 329-9929	None available	99
Rosecrans Care Center	1140 West Rosecrans Ave. Gardena, CA 90247 (310) 323-3194	None available	113
Las Flores Convalescent Hospital	14165 Purche Avenue Gardena, CA 90249 (310) 323-4570	None available	99
Lawndale Healthcare & Wellness Center	15100 Prairie Avenue Lawndale, CA 90260 (310) 679-3344	None available	59
Heritage Rehabilitation Center	21414 South Vermont Ave. Torrance, CA 90502 (310) 320-8714	None available	161
Sakura Intermediate Care Facility Formerly Keiro Intermediate Care Facility <i>Operated by Aspen Skilled Healthcare, Inc.</i> (Certified as a Nursing Facility)		325 S. Boyle Ave. Los Angeles, CA 90033	
Facility	Address	Availability of Japanese Language Support	Number of Beds
Hollenbeck Palms	573 South Boyle Avenue Los Angeles, CA 90033 (323) 263-6195	Japanese speaking staff available; facility reports they have many Japanese residents	106 beds
Infinity Care of East Los Angeles	101 South Fickett Street Los Angeles, CA 90033 (323) 261-8108	None available	99 beds

Lakewood Manor North	831 South Lake Street Los Angeles, CA 90057 (213) 927-1165	Unknown, facility did not answer	151 beds
Burlington Convalescent Hospital	845 South Burlington Ave. Los Angeles, CA 90057 (213) 381-5585	None available	124 beds
Montecito Heights Healthcare & Wellness Center	4585 North Figueroa Street Los Angeles, CA 90065 (323) 223-3441	None available	90 beds
University Park Healthcare Center	230 East Adams Boulevard Los Angeles, CA 90011 (213) 748-0491	None available	88 beds
Buena Ventura	1016 South Record Avenue Los Angeles, CA 90023 (323) 268-0106	None available	99 beds
Maple Healthcare Center	2625 Maple Avenue Los Angeles, CA 90011 (213) 747-6371	None available	59 beds
Grand Park Convalescents Hospital	2312 West 8th Street Los Angeles, CA 90057 (213) 382-7315	None available	151 beds
Huntington Park Nursing Center	6425 Miles Avenue Huntington Park, CA 90255 (323) 589-5941	None available	99 beds
Temple Park Convalescent Hospital	2411 West Temple Street Los Angeles, CA 90026 (213) 380-3210	None available	99 beds
Lakewood Manor North	831 South Lake Street Los Angeles, CA 90057 (213) 927-1165	Unknown, facility did not answer	99 beds

Current Evidence on Social and Community Needs of Asian American Seniors

Health disparities associated with cultural and social barriers among Asian Americans have been described in the literature.¹⁻³ To ensure the provision of effective care and client satisfaction, findings from several studies suggest that long-term care providers should incorporate meaningful consideration of the cultural traditions, language differences, and religious beliefs of residents they serve into their healthcare practice.⁴⁻⁷ For example, the availability of bilingual social workers and nurses may mitigate client fears of social isolation related to language barriers. Other suggested practices may include: increasing the availability of ethno-specific nursing homes; connecting residents by language in mainstreamed nursing homes; providing client access to interpreters; hosting 'culture specific' activities; catering to dietary needs by offering traditional foods for some meals; and providing training workshops to staff in order to increase awareness about the cultural issues among the elderly residents they serve. These tailored strategies, which

recognize cultural needs, can help elderly residents maintain their sense of identity and have positive impacts.

If you have any questions or require additional information, please let me know.

CAH:tk

c: Chief Executive Officer
County Counsel
Executive Officer, Board of Supervisor

References

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4. Mold, F., Fitzpatrick, J. & Roberts, J. (2005). Minority ethnic elders in care homes: A review of the literature. *Age and Aging*, 34(2): 107-113.
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7. Hefele, J., Acevedo, A., Nsiah-Jefferson, L. Bishop, C., Abbas, Y., Damien, E. & Ramos, C. (2016). Choosing a nursing home: What do consumers want to know, and do preferences vary across race/ethnicity. *Health Services Research*. [Epub ahead of print].